

## REGISTRATION INFORMATION

Register Online at [www.CSUVolleyballCamps.com](http://www.CSUVolleyballCamps.com)

Pre-Registration Fee:.....\$115.00

Walk-up Fee: .....\$125.00

College Credit Fee:.....\$72.00

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_

School/Club Name \_\_\_\_\_

Additional Coaches \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Email \_\_\_\_\_

I Want College Credit For a Fee of \$72.00

I Do Not Want College Credit

For more information call: 970/491-6582

Registration will be accepted by mail:

**The McGraw Athletic Center  
Colorado State University  
Fort Collins, CO 80523-0120**

**Fax:** 970-491-7725

**E-mail:** [Dolores.Price@ColoState.edu](mailto:Dolores.Price@ColoState.edu)  
with the above information

**Major credit cards accepted**

Registration fees are non-refundable after:  
January 28, 2011

Please make checks payable to: **CSU Volleyball**

**Rams Volleyball**  
The McGraw Athletic Center  
Colorado State University  
Fort Collins, CO 80523-0120  
2-601330

# Colorado State University



## Rams Volleyball Coaches Clinic

Feb. 4-5, 2011  
The McGraw Athletic Center

# molten

## CSU VOLLEYBALL COACHES CLINIC 2011

Dear Coach,

Sharing coaching ideas in a comfortable environment is one of the best methods of improving yourself as a coach. That is why, for the 12th year in a row, Colorado State University volleyball will host our annual Colorado State Coaches clinic. The clinic will be held on campus here in Fort Collins on Feb. 4-5, 2011.

This year we will feature the most exciting pair of speakers we have ever offered to the coaches of Colorado: **Karch Kiraly** and **Jim Stone**. In addition all three members of the Colorado State volleyball coaching staff will present topics.

The clinic is offered in a two-day format designed to fit conveniently into your week. The fee for the clinic is \$115. Also for an additional \$72 you can receive one credit of college coursework through Colorado State University. We feel this is a great value and for a clinic of this caliber and we fully expect it to sell out this year.

Lodging rates are available at the Fort Collins Marriot by visiting <http://cwp.marriott.com/ftcco/csu> and entering the code C49. For additional lodging information call (970) 226-5200.

Thanks for your consideration. Our goal is to help volleyball grow in Colorado by sharing knowledge in a stimulating environment.

Sincerely,



Tom Hilbert

## CSU VOLLEYBALL ONLINE

Learn more about CSU volleyball at  
[www.RamVolleyball.colostate.edu](http://www.RamVolleyball.colostate.edu)

For more information, visit:  
[www.CSUVolleyballCamps.com](http://www.CSUVolleyballCamps.com)

## GUEST SPEAKERS

### Karch Kiraly

Karch Kiraly has been recognized by many as the greatest volleyball player ever. He is the only volleyball player to win Olympic gold medals in both indoor and beach volleyball.



The FIVB named Kiraly as the greatest men's volleyball player of the sport's first century, as he led the U.S. Men's Team to gold medals at the 1984 Olympic Games, the 1986 FIVB World Championship, and the 1988 Olympic Games.

After years of dominating the game indoors, Kiraly returned to the sand and became equally dominant on the beach. He captured the 1996 gold medal in beach volleyball as the sport made its Olympic debut. Before retiring at the end of 2007, Kiraly had won 148 beach volleyball tournaments, more than any other player in history.

Kiraly has been active in the coaching field and other volleyball endeavors since he finished his playing career. He founded the Karch Kiraly Volleyball Academy in 2007, which delivers fundamental training principles, physical and mental preparation, and game-like challenges for female volleyball players ages 13-17. In April of 2009 Hugh McCutcheon named Kiraly an assistant coach of the U.S. Women's National Volleyball Team.

Kiraly was inducted into the Volleyball Hall of Fame in 2001.

### Jim Stone

Jim Stone is the current lead coach for the Front Range Volleyball Club 16-Black, and spent 26 seasons as the head coach at the Ohio State University before retiring after the 2007 season.

Over his final 19 years with the Buckeye program, he established Ohio State as an annual Top 25 team, and during that period, he led the Buckeyes to three Big Ten Conference championships.

Ohio State participated in 15 NCAA tournaments, advancing to the NCAA championship semifinals in 1991 and 1994.

Stone went on to coach the USA youth national team in 2008 and was the head coach for the World University games in Spain in 2009.



## CSU COACHES



**Tom Hilbert**  
Head Volleyball Coach  
Colorado State University  
Seven-time Mountain West Coach of the Year  
• 1999, 2000, 2001, 2002, 2003, 2007, 2009



**Jesse Mahoney**  
Associate Head Volleyball Coach  
Colorado State University  
Coached four All-Americans in six years at Fort Hays State



**Bri Frech**  
Assistant Volleyball Coach  
Colorado State University  
Three-year assistant coach (2008-10)

## TOPICS

- Practice planning and design
- Simple statistical options you can implement in your program
- Colorado State Practice condensed to one hour
- Drills for in and out of system middle attacking
- Warm up games and routines
- Serving and passing drills
  - Setter Training
  - Skill analysis
- And much more...

## SCHEDULE

### Friday, February 4th

3:30 p.m.

4-8 p.m.

8:30-9:30 p.m.

Registration

Sessions 1-4

Interactive Coaches' Social (food provided)

### Saturday, February 5th

8:30 a.m.

9 a.m. - 5 p.m.

Complimentary Continental Breakfast

On-court and classroom sessions

\* Clinicians, sessions and topics subject to change